



# Pacific Touch NYC

## Facial Profile

Today's Date \_\_\_\_\_

Name \_\_\_\_\_

Birthday \_\_\_\_\_

Email Address \_\_\_\_\_

Contact Phone Number \_\_\_\_\_

How did you hear about Pacific Touch? \_\_\_\_\_

Do you have a gift certificate or voucher?  Yes  No

If you have a certificate or voucher please give it to reception before your treatment.

Is this your first facial?  Yes  No

What are your skin concerns? (check all that apply)

- Acne
- Blemishes
- Oiliness
- Brown/sun spots
- Clogged pores/blackheads
- Loss of tone/lack of firmness

- Redness/sensitivity
- Rosacea
- Easily irritated by products
- Dehydrations (feels tight)
- Dryness (feels tight and is flaky)
- Lines and wrinkles
- Large Pores
- Age prevention
- Other \_\_\_\_\_

What is frustrating you the most about your skin at moment?

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What is the MAIN purpose of your visit today?

- Acne treatment
- Deep pore cleansing and extractions
- Anti-Aging
- Relaxation & pampering
- Other \_\_\_\_\_

What is the most important thing you would like us to accomplish in your treatment today?

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How often do you get facials or other skincare treatments? (*check one*)

- Monthly
- Every other month
- Every change of season
- When I receive a gift certificate
- Special occasions
- When I think my skin needs it
- When I want to be pampered

Do you prefer extractions when you have a professional facial?

- Yes, my skin needs lots of extractions
- Yes, but only if my skin needs it
- No, I prefer not to have extractions

If you prefer extractions with your facial please read the following:

Extraction is a corrective technique that gently and safely removes blackheads, drains inflamed acne impactions and releases trapped ingrown hairs where possible.

Side effects of extraction include mild temporary tenderness, redness, swelling, sensitivity, flaking and small scabs.

Superficial dark spots can occur at extraction sites and vary in the time they take to fade.

We cannot guarantee any lesion will not recur at a later date.

If you have extractions please be aware that wearing makeup, working out, using exfoliants or any harsh products immediately after treatment could aggravate your skin and/or cause more breakouts.

Given the time constraints we cannot guarantee every pimple, blackhead and ingrown hair can be extracted during a facial – please note there are different time frames for facials to choose from (60, 75 or 90 minute) to try and accommodate different needs.

Are you presently under a physician’s care for any current skin condition or other problem?  Yes  No

If “Yes” please elaborate

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Do you wear contact lenses?  Yes  No

Do you have any allergies to cosmetics, food or drugs?  Yes  No

If "yes" please list

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Are you currently taking medications/dietary supplements?

If "yes" please list

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Please check if you are affected by or have any of the following:

Asthma

Cardiac Problems

Eczema

Headaches

Hepatitis

Herpes

High Blood Pressure

H.I.V

Pacemaker

**FEMALE CLIENTS:**

Are you pregnant?  Yes  No

Are you taking oral contraception?  Yes  No

Do you have a regular menstrual cycle?  Yes  No

If no please elaborate

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Do you suffer from Yeast Infections?  Yes  No

Are you on Hormone Replacement?  Yes  No

**MALE CLIENTS:**

What is your current shaving system?  Wet  Electric

Do you experience irritation from shaving?  Yes  No

Do you experience ingrown hair?  Yes  No

Do you work out? If "yes" what sort of activities & how often?

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Do you smoke?  Yes  No

On average how many hours sleep do you get a night? -----

Do you meditate?  No  Yes If 'yes' how often -----

Do you consider your diet healthy?  Yes  No

If 'No' please elaborate

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How many glasses of water do you drink a day? -----

How many caffeinated drinks do you drink a day? -----

How many sodas do you drink a day? -----

Do you have a bowel movement at least once a day?  Yes  No

Do you experience any of the following? (Check all that apply)

- Bloating
- Gassiness
- Diarrhea
- Constipation

Do you have any other digestive issues?

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Have you been ever been diagnosed with any autoimmune disorders?  Yes  No

If 'Yes' please elaborate

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Do you experience frequent blemishes?  Yes  No

If you do experience blemishes how often?

- Rarely (once in a while)
- Occasionally (once a month or less)
- Occasionally (a few a month)
- Often (approximately one per week)
- Often (approximately 2-3 breakouts per week)
- Daily (a new blemish appears every day)

What type of blemishes do you get most often? (Check all that apply)

- Cysts (hard, sore "underground" blemishes under the skin that rarely surface)
- Pustules (red, inflamed, traditional "zits" that usually surface)
- Whiteheads/Closed Comedones (non-sore, clogged bumps under the skin)
- Other: \_\_\_\_\_

Do you ever have flaky scalp or flaky eyebrows  Yes  No

Do you turn red when you: (Check all that apply)

- Drink alcohol
- Eat spicy food
- Exercise
- Get Embarrassed or Stressed
- Other: \_\_\_\_\_

Have you ever used any of the following :

- Accutane
- Retin A
- Tazorac
- Glycolic or Alphahydroxy Acids

If “yes” when and for how long?

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What skin care products are you presently using at home?

Cleanser (If “Yes” which one & how often)

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Toner (If “Yes” which one & how often)

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Moisturizer (If “Yes” which one & how often)

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Scrub (If “Yes” which one & how often)

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Mask (If “Yes” which one & how often)

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Sunscreen (If “Yes” which one & how often)

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Other Creams (If “Yes” which one & how often)

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## PRODUCTS USED DURING THE FACIAL

Pacific Touch NYC goes to great lengths to ensure clients have access to high quality professional products to help achieve their skin goals during their facial treatments.

That being said when working on human beings there is always a chance that there may be an adverse reaction when using any products even high quality professional products (including natural and organic) because we are not always aware of every ingredient we are allergic or sensitive to.

If you have any type of unexpected reaction after your treatment please contact Pacific Touch NYC immediately so we can advise you on the best course of action.

## POST FACIAL BREAKOUTS

A facial is a detoxifying treatment designed to help rid the skin of dead cells and toxins, empty visibly clogged pores and can bring underlying congestion to the surface post facial.

If you experience any post facial breakouts please contact Pacific Touch NYC immediately so we can advise you on the best course of action.

## PACIFIC TOUCH NYC CANCELLATION AND LATE ARRIVAL POLICY

Pacific Touch NYC works on an appointment based workday and your appointment is time that has been reserved exclusively for you.

If you need to reschedule or cancel an appointment we require a minimum of 24 hours notice (please note: reception is not open on the weekends so please contact Nichola (owner) directly 347 401 2036

The full service cost is expected as reimbursement for any late cancellation or no-show appointment.

Arriving late will deprive you of precious treatment time and to avoid delaying the next guests your service will need to end on time with the full treatment price applying.

I have read and fully understand the cancellation policy and am willing to abide by it.

Please print name: \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_